

**Resident & Family Minutes**  
**February 9<sup>th</sup>, 2021 @1400**



**1.0 Call to Order**

- 1.1 **Welcome and Introductions:** Chair Eddie welcomed everyone to the meeting and handed the meeting over to Secretary Lynne to review last month's minutes.
- 1.2 **Review Agenda:** Secretary Lynne reviewed last month's minutes and the residents accepted the minutes.

**2.0 Minutes & Old Business**

- 3.0 **COVID19:** We are still in Critical Red. So programs are still groups of 5. Residents will continue to eat in their doorways. Virtual visits will continue also.
- 4.0 **POD:** Luther Home is just waiting on the fire marshal to look over our POD and say it's safe to use. We are hoping to use the POD a week after the residents have their 2<sup>nd</sup> vaccine.

**5.0 Resident and Family Council Fund**

- 5.1 **Balance:** 1166.47
- 5.2 **Fundraising:** There is none at this time
- 5.3 **Wish List:** To get outside to a restaurant
- 5.4 **Wish List Items Completed:** Recreation had a request that we make bannock which we did. The residents requested a rib dinner. The recreation team will be hosting a supper club which will consist of ribs. A group of 5 residents will be invited. Recreation will be hosting a supper club each month and choose different residents for each one. Residents asked for their hair dresser back. Luther Home will look into this topic a week after the residents receive their 2<sup>nd</sup> vaccine.

- 6.0 **Education Item: Heart Month:** Susan our educator gave a great report on heart disease and the benefits of eating healthy and staying active.

**Reports:**

- 6.1 **Nursing Report:** Karen our DOC gave a report about nursing. She stated we are 11 months in and we have 0 outbreaks and have yet to have any COVID19 cases at Luther Home! January 23, 2021 our first vaccines were given to our residents with great results. We only had a few residents with a low grade fever. There is some data that the 2<sup>nd</sup> shot is harder on people. So the nursing department is ready just in case, with extra staff to

observe the residents.. The nurses will also hand out Tylenol before and after the Vaccine has been administered. A week after the 2<sup>nd</sup> Vaccine our residents will have 95% immunity to the virus. But just because our residents have received their 2nd shot we cannot let our guard down. Staff will continue to wear PPE, self screen, residents will still be in smaller groups and socially distanced.

- 6.2 **Dietary and Housekeeping Report:** Krista the head of dietary and housekeeping gave her report. The residents asked for more dark meat and she explained, with residents eating in the doorways it's more of a risk of choking. But once all the residents are back in the dining room she we revisit the topic. This Friday is Chinese New years and the kitchen will be supplying a special meal. In March there will be a special St Patrick's Day meal. The toaster is fixed. A resident asked why the eggs are so watery. Krista explained it's because they are steamed and there is not a lot she can do unfortunately. Another resident said he observed kitchen staff serving meals with no lids on it and that's why the meals are cold. Krista said she will look into this as this isn't the proper procedure to serve meals.
- 6.3 **Maintenance and Laundry Report:** Krista read a report from Doug the head of Maintenance. She explained the home is colder because of how cold it is outside. Doug will continue to adjust the temperatures to make sure the temperature is more comfortable.
- 6.4 **Spiritual Care Report:** Pastor David has continued with his personal bible readings. He will continue with his inspirational movies twice a month. The residents have given great feedback on the movies. Pastor David said as long as we work as a team and trust in God we will get through this.
- 6.5 **Recreation Report:** RD Eddie gave the recreation report. There will be a Valentine's day party on Thursday at 2pm. This party will be mobile like our other parties. We will be serving sugar cookies and a beverage. This Friday is Chinese New Year's and the recreation department will do Chinese New Year's trivia and Chinese New year's bingo in the afternoon. Since February is heart month the recreation team has increased the physical games. We have been participating in exercises, basketball, bean bag toss, fishing game and balloon toss. The recreation team will be rolling out a new program. It is a drumming program. It will be done with an exercise ball and the residents will do a drumming routine on it. It will be exercise with music therapy all in one.
- 7.0 **Roundtable:** A resident said health care aides were wearing gloves while in the hallways. Eddie said he will pass this information to Karen so she can remind her staff not to wear gloves when not conducting care. A resident brought up the carts in the halls are dirty and residents are taking towels. Eddie said he will pass this information to Doug... A resident asked if they could have more of those rollaway tables in the lounges for eating. Krista said she had extra ones and will bring them out.
- 8.0 **Family Round Table:** Karen answered all family round table questions. A family member asked when the POD will be in use. The family member was told we are hoping to open it a week after the residents get their 2<sup>nd</sup> vaccine. It will be run similar to the visits in the chapel. A resident thanked Luther Home for keeping everyone's loved ones safe. A family member asked about the mental state of the

residents during COVID19. Karen explained how hard we are working to make sure the resident's mental health is good. Recreation has increased their programs and their 1-1 visits. There are programs constantly going all day and all over the building. Recreation hired someone to do face times with families which are happening 40-50 times a week. Kathryn at the front hosts movies 2 times a day and the residents are really enjoying them. Leadership is on the floor talking to residents to make sure they are well. The kitchen has made special meals every month. Karen looks at the weights to make sure people are still eating well and there are no indications of major weight loss in residents. A family member asked if they need to have the vaccine to visit their loved ones. Karen told the family member no. Randy Hildermen from the board wanted to thank all the staff for all their hard work and keeping all the residents so safe.

9.0 **Adjournment:** Meeting was called at 14:50

Next Meeting: 1400 hrs. March9th, 2021